

HOW TO REGISTER WITH A DOCTOR TO RECEIVE MEDICAL ATTENTION

You will need to register with a (General Practitioner) doctor.

All doctors specialise in family health and are qualified to see anyone from babies to the elderly.

All students are advised to register at THE UNIVERSITY SURGERY (MEDICAL CENTRE), which is located on the ground floor of the Nuffield Centre, St. Michael's Road, (Opposite the students union)

The doctors and staff of THE UNIVERSITY SURGERY have expertise in 'STUDENT HEALTH' and work closely with the University to support students at times of ill health.

It is advisable to register within the first week of starting University, however the practice is open Monday to Friday and Saturday morning, so registration can be done at any time when the practice is open.

When you register you will require your address in Portsmouth and the date you came into the country.

At registration you will have a mini health check, i.e. Height, weight, blood pressure and you will be required to provide a sample of urine, so that we can check for conditions such as diabetes.

Should you already have a condition such as diabetes or asthma, the nurse will ask a doctor to see you to talk about your condition and provide you with further supply of any medications you may be taking.

Once you have registered with the Practice, you will receive an NHS letter, this is proof that you are registered for NHS treatment and also informs you of your NHS number. When you receive your letter, **keep it safe** and take it with you if you visit the dentist or hospital.

REGISTRATION IS FREE

You can only be registered with ONE Practice at any time.

If you are exempt from NHS charges and require hospital care, you will need to provide your passport, visa and NHS letter as proof of attendance at University.

Should you require financial support for prescriptions etc, the practice can provide you with a HC1 form.

FAMILY OR FRIENDS VISITING FROM ABOARD

Family and friends visiting from abroad, should take adequate health care insurance, if they are not eligible for a European health

The practice will see family or friends, but there will be a charge for this service.

The following services are free of charge for everyone:

- Emergency treatment in any Accident and Emergency Department
- Emergency treatment in any NHS walk-in centre, providing Accident and Emergency type services
- Treatment for certain infectious diseases
- Compulsory psychiatric treatment
- Family planning services (sexual health)